Angina Under Direct Control



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Medicines prescribed by my doctor

Name	Dose	Frequency

Warning. Use only the medicines prescribed for you. Always tell your doctor if you are taking any other medicines (including those prescribed by another doctor and over-the-counter drugs). Some drugs should not be used together as this may affect their efficacy or result in adverse effects.



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Week 1:

From to

Date and time	Did the attack occur at rest (R) or during exercise (E)?	Did you take any nitroglycerin?





Week 2:

From to

Date and time	Did the attack occur at rest (R) or during exercise (E)?	Did you take any nitroglycerin?
		,





Week 3:

From to

Date and time	Did the attack occur at rest (R) or during exercise (E)?	Did you take any nitroglycerin?
\		





Week 4:

From to

Date and time	Did the attack occur at rest (R) or during exercise (E)?	Did you take any nitroglycerin?
\		J





Week 5:

From to

Date and time	Did the attack occur at rest (R) or during exercise (E)?	Did you take any nitroglycerin?



Easy to record Easy to monitor











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